

# For Adults with ASTHMA:

## Important information about a dangerous infection



- If you have asthma, you are more likely to have serious complications if you get pneumococcal disease.
- Medical experts believe you are at increased risk for complications of pneumococcal disease because asthma affects your airways and lungs, making you more vulnerable to infection.
- This is true even if your wheezing or other symptoms are well controlled.
- Prevention of pneumococcal disease is very important because the infection can lead to death, hospitalization, and serious complications including brain damage, heart attack, hearing loss, or amputations.

### ***Vaccination can help protect you.***

#### **Five Reasons Adults with ASTHMA Should Be Vaccinated Against Pneumococcal Disease**

- ① Pneumococcal disease is a deadly infection that can come on quickly.
- ② Among adults who get pneumococcal disease, those age 65 and older and adults of any age with underlying medical conditions are at higher risk of death.
- ③ People who get pneumococcal disease may face hospitalization, long recovery time, and devastating life-long problems.
- ④ Vaccination can help protect you from pneumonia, meningitis, and bloodstream infections.
- ⑤ Getting vaccinated is the safest, most effective way to protect yourself.

***If you or a loved one has asthma, ask a healthcare professional about vaccination today.***

For more information, visit [adultvaccination.org](http://adultvaccination.org)

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