

Flu in Adults Age 65 Years and Older

What Are the Risks?

Adults **65+** are at increased risk of flu-related complications

**Pneumococcal
Pneumonia**
kills more than

18,000

older adults in the US
each year

Heart Attack risk
is increased by

3 to 5x

in the first 2 weeks
of infection

Stroke risk is
increased by

2 to 3x

in the first 2 weeks
of infection



High rates
of related
deaths and
hospitalizations
in adults 65+

78%

of all flu-related
hospitalizations

(more than 750,000 in US
2014-2015 flu season alone)

6x

more deaths from flu and
related complications

compared to all other age
groups combined

Annual vaccination is the best way to protect
yourself against the flu

Vaccines are safe and
effective and reduce
the risk of flu and
related complications



Immune systems decline as adults age. Certain
vaccines are available to help boost immune
response, specifically in adults 65+:



High-dose vaccines
contain **4X more
antigen** than
standard-dose
vaccines



Adjuvanted flu
vaccines contain an
ingredient that **helps
create a stronger
immune response**

If a specific flu vaccine is not available in your area,
don't delay! Vaccination with any available influenza
vaccine is recommended and will still provide protection.