If you have cardiovascular disease or stroke, you are more likely to have serious complications if you get pneumococcal disease. This is because pneumococcal pneumonia may lead to severe heart problems, like heart attacks.

Prevention of pneumococcal disease is very important because the infection may lead to death, hospitalization, and serious complications including brain damage, heart attack, hearing loss, or amputations.

**Vaccination can help protect you.**

### Five Reasons Adults with CARDIOVASCULAR DISEASE Should Be Vaccinated Against Pneumococcal Disease

1. Pneumococcal disease is a deadly infection that can come on quickly.
2. Among adults who get pneumococcal disease, those age 65 and older and adults of any age with underlying medical conditions are at higher risk of death.
3. People who get pneumococcal disease may face hospitalization, long recovery time, and devastating life-long problems.
4. Vaccination can help protect you from pneumonia, meningitis, and bloodstream infections.
5. Getting vaccinated is the safest, most effective way to protect yourself.

*If you or a loved one has cardiovascular disease, ask a healthcare professional about vaccination today.*

For more information, visit [adultvaccination.org](http://adultvaccination.org)